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February 2017

DRUM BEAT

IN THE NEWS

DEPARTMENTS

COMMUNITY

Chairman's Column



Dear Tribal Family,

The political process is once again upon us and just mentioning the word "politics" causes some to want to run for the hills. And for good reason, despite the fact that we have 13 passionate tribal citizens who have committed themselves to running positive, uplifting campaigns that focus on the merits of the candidate, discussions online and offline have shifted at times to a divisive and counterproductive tone. It's difficult to watch these discussions unfold and not run for the hills.

Yet, we can't forget the value in a strong political process that allows the best-suited candidates to continue to move our Tribal Nation forward. So, as we approach this Tribal Election, I have come to appreciate the fortitude it takes to not retreat from political engagement but to meet the darkness with the light and share positive political messages all while respecting the process that makes it possible.

With that said, I (incumbent for Chairperson) offer my sincere gratitude to the 12 other candidates asking for votes on February 12th: Aaron Tobey, Jr., Jessie "little doe" Baird (incumbent), Carlton Hendricks, Jr., Marie Anita Stone, Paula Peters, Charles "Bobby" Foster, Anne Marie Askew, Angela Shwom, Gordon Harris, Laura Etta Miranda, David Weeden and Marjorie Seagraves. I owe each one a debt of gratitude for their willingness to assume the responsibility of leadership in what is often a thankless job.

Of course, only one person for each available seat will get elected to a four-year term. But that doesn't diminish the value that each of the candidates contributes to the process.

(Continued on page 3)

Election Notice to Enrolled Tribal Members Vote Sunday, February 12

The Mashpee Wampanoag Tribe Election Committee extends notice to all Enrolled Tribal Members who will turn 18 years of age on or before Sunday, February 12, 2017, that they are required to complete a Voter Registration form in order to vote at the general election on Sunday, February 12, 2017 (the "Election Day").

The Voter Registration form can be obtained at the Mashpee Wampanoag Tribal Community & Government Center, located at 483 Great Neck Road South, Mashpee, MA 02649 during regular business hours. All enrolled and eligible Tribal members are allowed to register on or before the Election Day.

The results of the Election will be posted at: (1) the Mashpee Wampanoag Tribal Community & Government Center, 483 Great Neck Road South, Mashpee, MA 02649; and (2) on the Mashpee Wampanoag Tribe official website on Monday, February 13, 2017.

The Tribal Election will be held for the seats of Chairperson, Vice Chairperson, Secretary, Treasurer and one Tribal Council Member.

Election Day:
Sunday, February 12, 2017

Voting Hours:
Enrolled Elders and Disabled Persons:
1:00 p.m. – 2:00 p.m.
Enrolled Elders, Disabled Persons and other Tribal Members:
2:00 p.m. – 4:00 p.m.

Location:
Mashpee Wampanoag Tribal Community & Government Center
483 Great Neck Road South
Mashpee, MA 02649

Five (5) Tribal Council Seats:
Chairperson
Vice Chairperson
Secretary
Treasurer
Tribal Council Member

Registered voters are required to provide a federal, state or Mashpee Tribal government-issued photo identification card to vote.

VOTE Feb 12

Winter Hand Drum Event

The Mashpee Wampanoag Indian Museum is sponsoring a Winter Hand Drum Event on Saturday, February 25 from 6:00 p.m. to 9:30 p.m. at the Mashpee Wampanoag Tribal Community and Government Center. Events will include a hand drum competition, baked bean contest and social dancing.

The baked bean contest will begin at 6:30 p.m. and the hand drum competition will begin at 7:15 p.m. Prizes for the baked bean contest will include a hand

made clay pot by Ramona Peters, a wood stirring paddle and a painted deerskin seed bag. Prizes for the hand drum completion include a first prize of \$300, second prize of \$200 and a third prize of \$100.

There will be lots of social dancing, hand drum singing, good food, vendors a raffle table and a 50/50 raffle. For more information, please contact the Mashpee Wampanoag Indian Museum at (508) 477-9339.

Events Calendar

New Events

February 3 - 5:00 p.m. to 8:00 p.m.
Ed Fest, MWTCGC

February 12 - 2:00 p.m. to 4:00 p.m.
Tribal Elections, MWTCGC *elders and disabled persons voting opens at 1:00 p.m.*

February 25 - 6:00 p.m. to 9:30 p.m.
Hand Drum Event, MWTCGC

March 11

21st Annual Mashpee Wampanoag Ball,
Resort and Conference Center of Hyannis

Weekly Events

Mondays - 5:30 p.m. to 7:30 p.m.
Youth Boys Basketball, MWTCGC

Mondays - 6:00 p.m. to 8:00 p.m.
Craft Night, MWTCGC

Tuesdays - 11:30 a.m. to 1:30 p.m.
Elders Lunch & Learn, MWTCGC

Tuesdays - 6:00 p.m. to 8:00 p.m.
Coed Volleyball, MWTCGC

Wednesdays - 10:00 a.m. to 11:00 a.m.
& **5:30 p.m. to 6:30 p.m.**
Tribal Health Yoga with Virginia and
Kimma, MWTCGC

Thursdays - 11:30 a.m. to 1:30 p.m.
Elders Lunch & Learn, MWTCGC

Thursdays - 6:30 p.m. to 8:00 p.m.
Youth Dance & Drum Class, MWTCGC

Fridays - 5:30 p.m. to 6:30 p.m.
Tribal Health Zumba with Shirley,
MWTCGC

Fridays - 5:30 p.m. to 7:30 p.m.
CCDF Family Paint Nights, MWTCGC

Sundays - 10:00 a.m. to 11:00 a.m.
Tribal Health Zumba with Shirley,
MWTCGC

Abigail Peters Booth Receives Honors

Abigail Peters Booth, former Mashpee Wampanoag Powwow Princess 2015-2016, recently received an honors award for her academic achievements. Abigail is a senior at Mashpee High School. She is the daughter of Joanne Peters and the granddaughter of Edward L and Jayne Peters. Abigail is proud yet humbled by her achievements which is a true sign of her dedication. Congratulations Abigail. Your family and tribe are extremely proud of all that you've accomplished and look forward to your future successes.



Welcome Avianna Rose

Avianna Rose Machado-Jones was born November 6, 2016 at 11:35 p.m., weighing 6lbs 11ozs to her parents Makayla Marline Jones and Shemual Machado. Avianna Rose is granddaughter to Samuel Jones Jr. and his wife Silvia Jones, Great-granddaughter to Loretta Princess Smiling Wind Jones, deceased and Samuel Jones Sr.



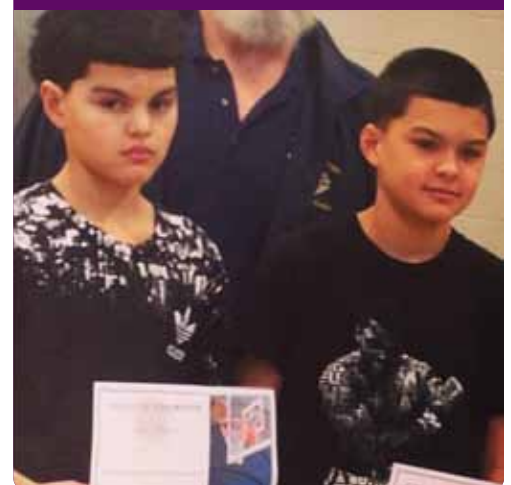
Welcome Okemos Ryan Brown

Okemos Ryan Brown was born on August 8th 2016. He was 7lbs 11oz and 21 inches long. Okemos is the great-great grandson of Mickey Frye, the late Marjorie "Hendricks" Duarte, Ethel and Ellison "Tarzan" Brown, Sr. great grandson of Prince and Bonnie "Frye" Scott, Everett "Tall Oak" and Patricia "Turner" Weeden and Ellison "Sonny" and Jeanne Brown and grandparents Marita Scott, David Weeden, and Meloni Northup. He was welcomed into the world by his mother Kendall, his Father Okemos and his aunt Na'Keesha.



Hendricks Boys Win Basketball Contest

For the third consecutive year brothers Xavier and Lawrence "Junie" Hendricks won local KOC free throw contest and will advance to state level. Where they will compete with other winners in their age bracket. They are the sons of Jody Santa-gate & Lawrence Hendricks of Wareham. They are the great grandsons of Francis Cash Hendricks.



Election Committee Seeking Volunteers

The Election Committee is seeking volunteers and monitors for the upcoming regular election on Sunday, February 12, 2017. If interested, please email Latoya Green at latoya.green@mwtribe-NSN.gov.

Chairman's Column

(continued)

Also, think about the fact that we have 13 passionate and dedicated tribal citizens willing to serve. It reminds us that the election process we have in place, while not perfect, is solid and working well. If that wasn't the case we wouldn't have so many candidates running. People wouldn't work hard and participate if they thought the process was not beneficial to the future of our nation.

I also want to acknowledge the efforts of those serving on the Election Committee - Latoya Green, Cassie Jackson, Rita Lopez, John Hughes and Morgan James Peters.

The Election Committee is charged with overseeing the entire process - from registering eligible voters up to and including the day of the election, to organizing the Candidate's Forum. The Forum serves as a platform for tribal voters to become better acquainted with the position and platform of each candidate.

So, please mark your calendars and make it a point to let your vote count at our Mashpee Wampanoag Tribal Community and Government Center, 483 Great Neck Road South, Mashpee, MA 02649 on February 12. Ballots will be cast at the following times: 1:00 p.m. - 2:00 p.m. for enrolled registered elders and disabled persons and 2:00 p.m. - 4:00 p.m. for enrolled registered elders, disabled persons and all tribal citizens.

Gather as much info on each candidate as possible and be an informed voter and vote your conscience. And while it may sound cliché, every vote does count. In fact, the best way to ensure strong tribal leadership as we head into a momentous year is for as many eligible Tribal Citizens as possible to cast a ballot. See you at the poles!

Kutâputunumuw;

Cedric Cromwell
Qaqeemasq
(Running Bear)

Mashpee Wampanoag Voices Matter by Aunt Joan/a.k.a Granny Squannit/Deer Clan Mother

Today I am fumbling through files in my archives and wanted to share important words from our tribal members many who have crossed over, some too soon and others who are still standing on Mother Earth. Dr. Maria Yellow Horse Braveheart, Hunkpapa, Oglala Lakota says "It's amazing how many of our own people really don't know our history that well. It's important to know our history because we are carrying it. We feel that knowledge is power. The more we know about it the more control we have over how it affects us."

Remember, our own folks words are the finest, filled with wisdom because they are telling it like it is, from the traditional teachings down through generations, and experience. Accounts of indigenous identity is history from "the mouths of the babes" as some ustar say.

Alice May Florence Boardley Turner who passed at nearly 99 years old tells us how she used to make snares out of a single hair from a horse's mane in order to catch quail and other small birds. She went to school in a horse-drawn wagon. To keep their feet from being cold they used a clay jug with hot water near their feet and wrapped it with a lap robe. Wamps also would carry boiled eggs in their hands between their mittens to keep their hands warm.

Pat Turner Weeden's father, Seaman Turner says that water for residents came from an artesian well located on the shore of Wakeby Lake. A laundry was set up by the lake. Washing clothes then was done by water that came off the roof, down drain pipes and caught in clay wells. To purify the water, a trout was put in the well.

There are memories mentioned about the Samuel G. Davis School. There were new additions, fresh paint and equipment put in from time to time. Peggy Dias said, "We

have plenty of chairs and fifteen tables". Jeffrey Mills says " Beautiful, the walls are the color of the robins' eggs in the Spring" Errol Hicks, remarks that " We have reading books and work books and there is a place to put these books, even if we are in the old Samuel G. Davis School". We must not forget plants, Christine Hendricks thinks that the plants look more homey in the old building and watches plants grow. The kitchen was remodeled and it is said Mr. George Green, Senior custodian can do anything, he butchered 150 lamb chops. Mr. Kenneth Coombs was the principal and teacher for 7th and 8th grades. Children would take walks around Mashpee as their lesson. By noon they were sitting by Mashpee River. They saw a green and eerie light that danced, sparkled and disappeared. Clyde Peters told the children about the light because he had seen it down on the low marsh-land. " It is a will-of-the-wisp that is caused by the combustion of gas in the earth's decay. It has been said that the green light inhabits the cemeteries that are on the low wetlands." Donnella says that as they walked through the fields they could see cars on the highway. I wanted to be in one of those cars, just to go somewhere, but when I did come home I'd want to see the Horse Chestnuts and the Elms; I wouldn't want the trees cut down to make bigger highways; but then I'd know that the Mashpee River was there, the river that must flow on forever."

" In my heart comes a longing
While I stand in deep reverie
When I think of the old traditions
Ah the days that used to be.
...But I beseech thee, oh my tribesmen
Our traditions not to forget. (Mable L. Avant,
Nokomis 1892-1964

To be continued...

Date Set for 21st Annual Wampanoag Ball

The Wampanoag Ball Committee is pleased to announce that the 21st Annual Wampanoag Ball will be held on Saturday, March 11 at the Resort and Conference Center of Hyannis. Please mark your calendars for the celebration.

This year's theme is "Solidarity - All Nations Stand as 1." A theme that is appropriate for the struggle for sovereignty, rights and protecting our land that is going on across Indian Country and right here in our own homeland.

Tickets will be available to purchase by February 1, 2017. Tickets purchased in ad-

vance will be \$40 for general admission and \$30 for Mashpee Wampanoag Tribal Elders. Tickets purchased at the door will be \$50.

We look forward to seeing everyone at the 21st Annual Ball on March 11.



Meet Emerging Leader Darrin Kelley

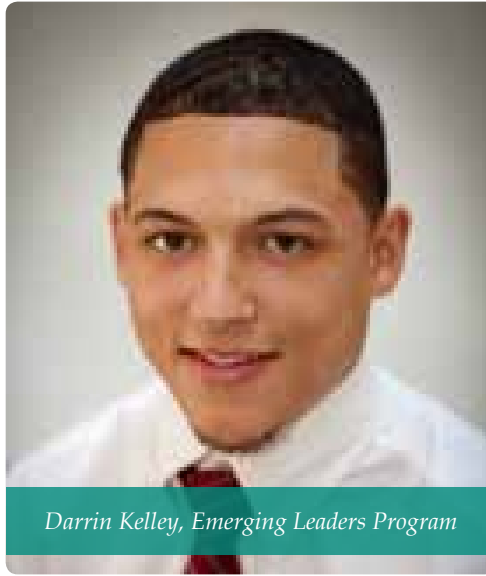
A few months ago the Mashpee Wampanoag Tribe Gaming Authority (MWTGA) launched an emerging leaders program to foster and develop the talent needed to manage its resort casino right here in our community. Darrin Kelley is one of the nine talented young professionals chosen as the inaugural class.

Darrin is currently splitting his time in the program between projects in Massachusetts and Toronto at focusing on project management and gaming leadership development.

"Focusing on leadership was an easy chose for me to make," said Darrin. "I chose to pursue this career path because it's the leading source of revenue, with \$29.9 billion, in Indian Country. First Light Resort and Casino is our opportunity to compete in the gaming industry. To compete in this arena we need maximize our knowledge in gaming and develop talent for long-term success. That's what I think this program is doing and I'm committed to doing everything I can to ensure we are successful in this project."

Darrin is a graduate from Regis College with a degree in business management. Through his current work in the program and past experience, Darrin is hopeful that he will be in a strong position to give back to his elders, tribal community and future generations of tribal members.

Darrin sees programs like this as a real investment in the future of our tribe and a strong native economy. "This program is going to have a huge impact on my tribal nation," said Darrin. It's provided others and me in the program an opportunity to gain valuable experience, to grow as a professional and the opportunity to give some-



Darrin Kelley, Emerging Leaders Program

thing back. In my opinion, any investment in our future generation is a sound investment that will pay back with a strong nation."

Participants in the program are expected to put it at least 40 hours of work each week and are encouraged to take initiative in processes that may be new. Once completed it is expected that the program participants will be able to jump in as leaders with industry knowledge to positions directly in this project.

The MWTGA along with Genting Massachusetts and Simmons Group have plans to launch two complimentary programs - the Education Outreach Program and the Professional Edge Program - down the road that will reach different segments of the tribe. The Education Outreach Program will engage tribal youth currently enrolled in college and the Professional Edge Program is geared towards experienced workers.

Opening on Housing Commission

The Mashpee Wampanoag Tribe currently has three openings on its Housing Commission that it is looking to fill. The Housing Commission is tasked with policy-level goals, determinations and review to guide the Housing Department. Duties and responsibilities of the Housing Commission include, but are not limited to creating the Indian Housing Plan (IHP), policies, enforcement of housing-related tribal law, department oversight and regulatory compliance. If you are interested in serving as a Housing Commissioner, send a letter of interest to Francie Dottin, executive administrative assistant to the chairman, at francie.dottin@mwtribe-NSN.gov.

The Housing Commissioners meet every third Monday of the month at the government center and on as needed basis. . The Commission is appointed and may be re-appointed by Tribal Council with consideration of input from the Housing Executive Director.

Elissa Joyce Lopez Graduates

Elissa Joyce Lopez recently graduated as a registered nurse. She graduated from Northeastern University with a bachelors degree in nursing and a bachelors degree in biochemistry. Elissa is the daughter of Mark and Donnajean Lopez and the granddaughter of Carol A. Lopez. We are very proud of Elissa for her accomplishments and the hard work and dedication it took to achieve her goal. Elissa's family would like to congratulate her and to thank everyone at the tribe that helped make it possible.

Robert DeGaetano Headed to Nationals

Robert DeGaetano rises to one of the top eight boxers in the country. Over the weekend of January 7-8 Robert competed in the Silver Gloves Regional tournament in Herkimer NY where he won both of the boxing matches that he competed in. Having swept his matches at the regional tournament, Robert now heads to the Silver Gloves USA Championship being held February 2-4 in Kansas City, Missouri.

The Silver Gloves is an annual, competition for amateur boxing in the United States. The competition is open to all boxers age 10 to 15 years old. It is regarded as the top competition for this age group and a predecessor to the Golden Gloves amateur tournament, which is for boxers over the age of 16.

Robert is the son of Tara and Rob DeGaetano and the great-grandson of tribal elder Amelia Bingham.



Making the Trip Back to His Hometown

Journeying from down under is no easy task, but Daniel Middleton, son of Martin Middleton, III and nephew of Auntee Deer, Beaver Clanmother (Cherie Middleton Peters) flew to Arizona and Texas to see his father and uncle then proceeded to stay with his aunt who he had last seen nine years ago and was fortunate to see his grandmother Doris Frye Middleton before she passed.

Memories of Nana, will always stay with Daniel, making his favorite dishes and departing words of loving wisdom.

After arriving here, the very next day, determined to get his Tribal ID, and so he did. On leaving, he went to Bank of America to close out an account, his New Zealand driver's license wasn't enough, but he showed the teller his Mashpee Wampanoag Tribal Identification and everything went smoothly. He left his family and Tribe on the 26th of October from Falmouth to Boston to Los Angeles and to Sydney, Australia and then home to New Zealand to family and friends.

Tribal Community Emergency Response Team Seeking Volunteers

With the cold vortex settling in over the Northeast, the Emergency Preparedness Department with support from a team of dedicated volunteers including Steven Helme, Russell Helme, New Bedford Office Administrator Imani Frye and Tribal Council Secretary Marie Stone will work toward ensuring that our elders and vulnerable tribal members in New Bedford and the rest of Bristol County have the essential support they need throughout the winter months and other seasons with an all hazards support approach. The Bristol County Tribal Community Emergency Response Team (BCTCERT), which will also be set up to provide support during any emergency, was organized to extend support services that are already available on Cape Cod to the large population of elders and vulnerable tribal members in the Bristol County area.

Nelson Andrews Jr, emergency preparedness department director, is seeking additional volunteers willing to become trained TCERT members. A 20 hour training will be conducted at the New Bedford office by certified CERT trainer Nelson Andrews Jr. TCERT volunteers willing to join the team are needed and some of the duties will consist of contacting elders by phone to assess any emergency or other needs during critical weather, incidents and winter storms. Additional support services may be required if an elder or vulnerable tribal member is in need.

If you know an elder or vulnerable tribal member that should be placed on the elder/vulnerable member contact list or if you would like to volunteer to assist in coordinating efforts, please contact Imani Frye at the New Bedford Office at (774) 521-4880. You can also contact the MWT EPREP office through Allyssa Hathaway (508) 477-5800 x13 or at allyssa.hathaway@mwtribe-NSN.gov or Nelson Andrews Jr at (508) 477-5800 x15 or at nelson.andrews@mwtribe-NSN.gov. Please consider joining this volunteer based team and ensuring our most vulnerable population are equipped with the necessary health and safety measures.

First Light by Medicine Man Guy Cash



Through the clouds of which it pierces
giving us great warmth and light.
We give thanks to the creator above
for sharing such strength, love, and might.
Even though far away, do not stare,
for the Elders will tell you so.
But without her sharing her beautiful light things would not grow.
So we send our prayers to the creator above,
with great honor and great love.
As our prayers pass those along the way,
We give thanks for this beautiful, beautiful day,
and as our prayers are nestled
with the smoke, wind, and the soft heartbeat from within,
in the distance you can faintly hear the heart beat of the drum.
Only to be followed by the songs of our ancestors once again.
Are we listening?
Can we hear the songs of long ago?
Sent by the tides to and fro.
Can we hear the clap of the Monarchs wings whispering in the wind,
as the humming bird puts on a dance for all to see?
It's time to be quiet!
Time to hear!
For the teachings you will hold oh so dear.
So stand WAMP STRONG and tough to the world they say.
But walk softly on Mother Earth this we pray.
Ah Ho!

Soaring Eagle
Guy Cash
Medicine Man of the Mashpee's

Transcending Historical Trauma

In my search through the web looking for knowledge about what happened to the Indian people of Turtle Island, I found an article on historical trauma. We are still here but not as we were. Times have changed and we have changed with the times. During that journey of change we lost much of who we were and our purpose on the earth despite fighting desperately to maintain the integrity of our being. Shadows of who we were remain but much is forgotten. The people are searching for that which seems lost, but is still within us. The following is an article shared on the web, developed by the wisdomoftheelders.org. Not all tribal members have access to a computer, so it is good to share the information in our tribal paper. Each month a series on Transcending Historical Trauma will be shared.

Transcending Historical Trauma

Myself, I'm one of the generations. My mother is one of the generations, wandering out there in alcoholism, and death, and murder, and domestic violence, and thinking there's no way out. Well there is a way out... Like I tell my children, my grandchildren, "you don't have to walk that road of alcoholism and drug addiction. I walked that road. I took all those beatings for you guys. You don't have to walk that road."

-Verna Bartlett, Ph.D., Native American elder and sexual abuse survivor

Looking back at the past few centuries of America's westward expansion, we can witness a long history of cataclysmic events inflicted upon generations of American Indians. Our country's growth was at the expense of the continent's indigenous peoples who suffered genocide, dislocation, and other unspeakable patterns of violence on physical, mental, emotional, and spiritual levels.

The adverse effects of this history carried down from generation to generation are known as historical trauma. Maria Yellow Horse Brave Heart, widely regarded as the "mother of historical trauma" by Native Americans describes historical trauma as the cumulative emotional and psychological wounding over one's lifetime and from generation to generation following loss of lives, land and vital aspects of culture.

The descendants of Native People continue today to suffer from massive group trauma across many generations. This group trauma manifests itself today in myriad ways, from alcoholism and drug addiction, to domestic violence and sexual abuse. (The Historical Trauma Response Among Natives and Its Relationship with Substance Abuse: A Lakota Illustration, Maria Yellow Horse Brave Heart, PhD, Journal of Psychoactive Drugs, 35 (1), 7-13, 2003)

submitted by Vivian Bussiere

Ed Fest on Feb. 3

Come and cure your winter blues at the first annual Ed Fest on Friday, February 3 from 5:00 p.m. to 8:00 p.m. at the Mashpee Wampanoag Tribal Community and Government Center Gymnasium. This fun, educational and informative event is being hosted by the Mashpee Wampanoag Tribal Education Department.

For more information, contact Education Director Nitana Greendeer at (508) 477-0208 x 149 or nitana.greendeer@mwtribe-NSN.gov.

Tribal Child Welfare Jurisdiction

National Indian Child Welfare Association and the Native Nations Institute recently published a study. The following section of the article teaches us that there is an alternative to court intervention for responding to child abuse or neglect. Early in the process there is the possibility of an "alternative response" (sometimes called a "differential response" or referred to generally as "wrap-around" preventative services). Such responses are intended to support children's safety and preserve family's without court intervention through the provision of family support services of various kinds. It is distinct from the policing and punitive model that mainstream child welfare systems typically follow. Based on engagement and partnership, it is designed to build and repair relationships within families and communities and prevent more drastic interventions such as removal, termination of parental rights, and adoption.

In general, an alternative or differential response occurs when a case worker determines that a family is at high risk of entering the child welfare system and, prior to any court involvement, arranges for support services that "wrap around" the family. Such services may range from counseling and substance abuse programs to employment services, mental health programs, social services, parenting classes, or other services developed by the tribal community. Alternative responses also often engage parents and extended kin or other community members as partners in the effort to address the specific familial problems that are leading to abuses or neglect.

A Comparison Between Courts, Mediation and Peacemaking

Below is a summary of Peacemaking Circles: From Crime to Community by Kay Pranis, Barry Stuart, and Mark Wedge (2003). We will now explore the Talking Stick and the power it brings to the Circle.

The talking stick encourages and maintains inclusive dialogue. It allows those who might not otherwise speak up to have a space carved out specifically for them while at the same time reserving that same space as an opportunity to listen and reflect for those who might normally monopolize the conversation. The talking stick establishes a rhythm and order for the Circle. While it structures who speaks, its most important function is that it helps us listen. Its power is unleashed when we follow certain ways.

- The talking stick moves one way: The talking stick moves in one direction around the circle. The community determines which direction it goes. It does not jump around so that a habit of listening, then speaking, then listening more is es-

tablished.

- People speak only when holding the talking stick: Except in the instances in which the Peacemaker encourages otherwise, participants are encouraged to speak only when holding the talking piece. There is, however, no obligation to talk. You can pass the talking piece without speaking. Once the talking piece has moved around the Circle and returned to the Peacemaker, the Peacemaker might:
 - Summarize what has been shared so far;
 - Pose another question and pass the talking stick around again;
 - Hold the stick and ask specific participants to clarify, respond, or expound on particular issues;
 - Hold the stick and open the floor to anyone to speak; and
 - Place the stick in the center of the Circle for anyone to pick up and speak.



FLU Shots Available February 10 and 13

The flu or Influenza is a serious health risk that can lead to hospitalization with life threatening complications. To help natives stay ahead of this year's flu season, the Mashpee Wampanoag Health Service Unit-Indian Health Services (IHS) began offering a walk in Flu clinic in December and continuing each Wednesday through January. There will also be special access days on February 10 and February 13.

What does this mean? It means tribal citizens and natives in the service area can walk in to the medical clinic located behind the Mashpee Wampanoag Tribe Community and Government Center during those days without an appointment and receive a flu shot free of charge. So, please stop by the Mashpee Wampanoag Health Service Unit-IHS and get your flu shot as soon as possible. Protect yourself and your family from the flu this year.

Fast Flu Facts

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu each year.

What are flu symptoms?

People who have the flu often feel

some or all of these signs and symptoms:

- Fever* or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (very tired)
- Some people may have vomiting and diarrhea, though this is more common in children than adults.

Did you know that the flu shot takes up to 2 weeks to become fully effective? Did you also know that flu vaccine decreases hospitalizations by 79% for patients with diabetes and by 52% for patients with chronic lung disease?

For more information about the Flu clinic being held on Wednesdays or to schedule an appointment call the Mashpee Wampanoag Health Service Unit - IHS at (508) 477-6967. The health service unit is committed to providing quality, comprehensive healthcare to Native American members and their families in a culturally sensitive manner promoting good health, safe-lifestyles, well being and harmony.

Upcoming Language Class and Mukayuhsak Weekuw Parent Events

Mukayuhsak Weekuw Parent Language Nights are held Tuesdays from 7:30 p.m. to 8:30 p.m. in the Language Office at the Mashpee Wampanoag Tribal Community and Government Center. Instructor: Nitana Hicks Greendeer (nitana.greendeer@mwtribe-nsn.gov)

Mukayuhsak Weekuw Parent/Teacher Organization (PTO) Meetings are held once monthly on Thursdays from 7:00 p.m. to 8:30 p.m. in the Language Classroom at the Mashpee Wampanoag Tribal Community and Government Center on the following dates: Thursday, February 2; Thursday, March 9; Thursday, April 13; Thursday, May 11; Thursday, June 1

NEW Class for Beginners in New Bedford! Conversational Wôp Mondays 7:00 p.m. to 8:30 p.m. in the Tribal Conference Room at the Mashpee Wampanoag Tribe New Bedford Office located at 1913 Purchase Street, New Bedford. The first class will be held on February 6 and will continue for 10 weeks. To preregister, please contact the instructor

Melanie Roderick at mroderick@wlrp.org or simply attend the first class.

Eligibility: The class is open to beginners who are Tribal citizens or Household Members from the four Wampanoag Tribes served by WLRP: Assonet Band, Aquinnah, Herring Pond & Mashpee. If others are interested in taking the class they may submit their request to the WLRP Board of Directors: info@wlrp.org

Ongoing Classes in the Mashpee Language Office:

Animate Intransitive Workbook Class Wednesday Evenings, from 7:00 p.m. to 8:30 p.m. Prerequisites: Completed Beginner Workbook Started: Wednesday, January 4 End Date: March 22 Instructor: Tia Pocknett tpocknett@wlrp.org

Beginner Workbook Class Thursday Evenings, from 6:00 p.m. to 7:00 p.m. Pre-Requirements: None Started: January 5 End Date: March 9 Instructor: Tia Pocknett tpocknett@wlrp.org

Youth Programs for February Vacation

The Neekun After School Program is pleased to announce there are open slots during February vacation week, Tuesday-Friday from 8:30 a.m. to 4:30 p.m. This program is for tribal students in grades K-6 and is being offered by the Mashpee Wampanoag Education Department, Youth Department, and Language Department.

The purpose of Neekun is to provide fun language, culture, academic and enrichment activities in a safe community environment in order to enrich students' lives culturally, socially, and academically. Register online or pick up an application at the Mashpee Wampanoag Tribe Community and Government Center.

If you would like more information please contact Youth Programs Coordinator Darlene Scott at (508) 477-0208 x164 or at darlene.scott@mwtribe-nsn.gov.

Building Pathways for Tribal Youth

Notice to all tribal youth: There is a new program in the Education Department to help you in four areas of your lives called Building Pathways for Tribal Youth. These areas are 1)improving Academic Skills 2) Instilling Life Skills 3)College and Career Planning 4) Wampanoag Cultural Training. Please stop by the Education office of program manager John Hanlon or call/text at 508-237-0041 to learn more about it. Please be sure to attend the Education Night on February 3rd to find out about all the exciting new opportunities associated with this program.

Education Dept. Seeking Tutors

Academic tutors from the community are needed to assist tribal students grades 7-12 in math, reading, and writing. This is part of the new Building Pathways for Tribal Youth Program. If you are interested, the pay is \$20 per hour. Training will be provided. Please see John Hanlon in the Education Department office or call/text at (508) 237-0041.

CCDF Pain Night Resumed



The Cape Cod Child Development Fund (CCDF) at the Mashpee Wampanoag Tribe is continuing to sponsor a weekly parent and child paint night that started in early December and took a break during the holidays. The paint night resumed on January 13 and is free and open to one adult and child per tribal household and is being held every Friday at the Mashpee Wampanoag Tribal Community and Government Center from 5:30 p.m. to 7:30 p.m. Space is limited each week to 10 adults and 10 children and you must RSVP. To reserve space in an upcoming paint night, please send an email to CCDF Program Assistant Eileen Miranda at emiranda@mwtribe-nsn.gov or call (508) 477-0208 x152.

ICWA Searching for Focus Group Participants

The ICWA Department is looking for volunteers to serve on focus groups. There will be four focus groups assisting with the creation of a comprehensive child and family services department. This is a 2-year project and we need community input to create the best program possible, that will meet the needs of the tribe. If you are interested contact Sarah Spruill at sarah.spruill@mwtribe-nsn.gov or Michelle Fernandes at Michelle.Fernandes@mwtribe-nsn.gov or call the ICWA Dept. at (508) 477-0208 x1

Any and all assistance is needed so please contact us as soon as possible. We are planning on having our first meeting in early March.

UMASS Amherst Looking for Researcher in Residence for Two-Week Program

The Community Program in Native American Indian Studies (CPNAIS) at UMASS Amherst is reaching out to local tribes in search of a Native American Community Researcher to join them for a two-week, paid residency.

This two-week, paid, researcher in residency program at UMASS Amherst is open to Native American and First Nations people from the North East, including areas of the USA and Canada.

The Community Researcher will use the two-week residency fellowship to conduct research that benefits their own or other Native American communities. The Community Researcher will present two lectures on their research to UMASS students/class regarding

their research and or community and cultural practices.

Housing is provided at a hotel on or very close to the campus. In addition, the community researcher is provided with a meal card and an honorarium of \$1,500. The deadline for applications is February 15, 2016. A CPNAIS faculty committee will review applications and choose the recipient, and then notify them by February 28.

For more information on the program or to apply, please email a statement of research interest with a brief background of your educational background and community links to the CPNAIS Program Director Dr. Paulette Steeves (Cree-Metis) at psteeves@anthro.umass.edu.

Exhibits at the Indian Museum

The Mashpee Wampanoag Indian Museum features four main exhibits with several smaller displays.

The main exhibit hall is dedicated to the whaling history of our tribe. For thousands of years Wampanoag people have had a close relationship with whales. During the early eighteen hundreds American (Quaker) entrepreneurs took up whaling as an offshore business. At first our men were entrapped into the whaling industry during the early stages of developing Nantucket whaling companies trolling the Atlantic. Once free from indentured service our men began to willingly sign on to harvest whales throughout the world's oceans alongside multi-ethnic crews. Thirty-seven of their amazing adventures are briefly chronicled in the exhibit that includes; date type of event (shipwreck, pirate capture, desertion, mutiny, etc., name of Mashpee crew member and ship, plus location. One can get a sense of the formidable character of these seafaring men through passport quality photographs that were provided by the Smithsonian Institute. Instruments of the industry that were handed down in local Mashpee Wampanoag families are on loan in the exhibit for your viewing pleasure.



The front Parlor is dedicated to the Avant family who were the last family to live in the building. Mabel Avant was the Tribal Historian and loved telling stories about the ancestor's ways of doing things. She was also a poetess of some notoriety. She also wrote and directed a good number of pageants of which most tribal members participated. The parlor exhibit space has the look and feel of her generation; she was born Oct. 12th 1892 and died September 27, 1964.

The Mashpee Wampanoag Indian Museum will open to the public on April 3rd and closes December the 4th 2017. The hours are 10:00 a.m. to 4:00 p.m. Monday thru Friday. Please tune in for our Special events on Tribe's website www.mashpeewampanoagtribe-nsn.gov/museum and our Facebook page www.facebook.com/mashwampmuseum. There is an entrance fee of \$5 for adults \$ 4 for seniors and children \$2.





Mashpee Wampanoag Housing Department

483 Great Neck Rd. South

Mashpee, MA 02649

Phone (508) 477-0208 Fax 774-521-3547

Income Guidelines

County	Persons in Household							
	1	2	3	4	5	6	7	8
Barnstable	46,100	52,650	59,250	65,800	71,100	76,350	81,600	86,900
Bristol	34,650	39,600	45,550	49,500	53,500	57,450	61,400	65,350
Norfolk	48,800	55,800	62,750	69,700	75,300	80,900	86,450	92,050
Plymouth	48,800	55,800	62,750	69,700	75,300	80,900	86,450	92,050
Su olk	48,880	55,800	62,750	69,700	79,300	80,900	86,450	92,050

Adjusted annually by HUD; these figures may adjust DURING this application process.



PLEASE PRINT -- Must be lled out completely to be considered for lottery

Name: _____

Contact Number: _____

Email: _____

Residence: _____

Mailing Address: _____

Tribal ID: _____

Date of Birth: _____

Approximate Annual Income: _____

Number of Household Members: _____

Rehabilitation funds will be used for homes that have safety, health and/or code violations.